



Personal Data

Name : SSA\_52  
 Sex : male  
 Age : 52

Numerical Data Analysis

	S	D
PARAMETERS OF THE IRIS :		
Diameter (pix) =	390	408
Area (pix)	119459	130741
PARAMETERS OF THE PUPILLARY BORDER :		
Diameter (pix)	102	114
Diameter of the pupil in relation to iris (%)	26	27
Normal for current age 21-25%	Mydriasis	Mydriasis
Pupil border deformation degree (normal:0%...5%)	0	7
PARAMETERS OF THE PUPIL RELATIVE TO THE IRIS :		
Distance between the pupil and iris centers (%)	4.62	10.29
Normal (lower than 5% of above) or pathology	Normal	Pathology
PARAMETERS OF THE APPROXIMATE ELLIPSE		
Ellipseness degree of the pupil (normal: 95% ... 100%)	94	98
Pupil form type	Pathology ellipse	Normal circle
	Pathology	Normal
PARAMETERS OF THE PUPILLARY MARGIN :		
Type of the form -	regular Normal	regular Normal

S : Frontal flatness (10:48 - 0:26) - 3.92 %  
S : Middle-temporal protrusion ( 2:06 - 3:56) - 5.88 %  
S : Middle-nasal protrusion ( 8:02 - 10:00) - 1.96 %  
S : Decentralization of the pupil is normal.  
S : Oval-horizontal form of the pupil.

D : Upper nasal protrusion ( 1:34 - 2:46) - 1.75 %  
D : Upper-nasal decentralization.  
D : Ellipseness of the pupil is normal.

Overloads of right parts of the heart.

Liver disease.

Depression, blood cerebral circulation disturbance, Bronchial asthma  
predisposition.

PARAMETERS OF THE AUTONOMIC NERVE WREATH (ANW):	S	D
Diameter (pix)	180	196
Perimeter (pix)	656	756
The ratio between Pupillary and Ciliary belts (%)	27.08	27.89
Normal (25..35%) or pathologic.	Normal	Normal
Asymmetry of pupillary belt (normal: 0..5%)	8.89	9.18
	Pathology	Pathology
Type of the ANW form -	regular	regular
	Normal	Normal

D: Lower temporal shift.

D: Frontal zone of pupillary belt is constricted.

S: Middle-temporal shift.

S: Frontal and basal zones of pupillary belt are constricted.

Overloads of the left ventricle.

Hemodynamics disturbance in the vena cava inferior.

Acquired colitis. Initial manifestations of pathology in compensation state.

Nephroptosis. (stable changes).

Predisposition to allergic reactions.

Acid-alkaline balance disturbance.

Initial vertebral osteoarthrosis.

#### LYMPHATIC SUBTYPE WITH WEAKNESS OF CONNECTIVE (CARDIORENAL) TISSUE.

Increased lymphoid tissue reactivity and connective tissue weakness.

Predisposition to cardiac and renal diseases.

Stable arterial hypertension, chronic ischemic cardiac disease with metabolic  
disturbances (osteochondrosis, arthrosis, lithogenesis).

ADVICE

Preventive measures should be directed to normalizing lymphatic function, to developing connective tissue of the organs and prevention of renal and cardiac dysfunction.

1. A well-planned regimen of labour and rest.
2. Strengthening of the organism.
3. Elimination of the focus of chronic infections (chronic tonsillitis, caries, etc.).
4. Observation by ophthalmologist.
5. General urine analysis is compulsory in cases of acute respiratory diseases.
6. Salification processes should be controlled: in case of acid urine reaction vegetable diet is indicated, in case of alkaline urine analyses meat diet is indicated.
7. Moderate physical loads, breathing exercises. Playing professional sports and lifting considerable weights are contraindicated.
8. "Standing" work and work connected with hard physical effort and visual strain are undesirable.
9. Arterial pressure should be under the control (predisposition to the development of acute brain circulation failure exists).
10. Prophylactics of renal and cardiac diseases).
11. Phytotherapy:

Tea	Quantity (by weight)
Ordinary Oak ( <i>Quercus gen.</i> ) (Bark)	3
Flax ( <i>Linum usitatissimum</i> ) (Seed)	3
Wild Camomile ( <i>Matricaria chamomilla</i> ) (Flowers)	4

Tincture preparation.

Place 10 g. of a mixture into enamel pan and pour it with 200 ml. of hot boiled water, cover with lid, heat in water bath during 15 min., stay 45 min., filter and add boiled water up to 200 ml.

Take by 150 ml. of tincture in the morning and for a night in constipations, complicated by a haemorrhoid.

Tea	Quantity (by weight)
Ordinary Oak ( <i>Quercus gen.</i> ) (Bark)	5
Rest-Harrow ( <i>Ononis arvensis L.</i> ) (Root)	2
Horse-tail ( <i>Equisetum arvense</i> ) (Herb)	3

Decoction preparation.

Place 10 g. of a mixture into enamel pan and pour it with 200 ml. of hot boiled water, cover with lid, heat in water bath during 30 min., stay 10 min., filter, press and add boiled water up to 200 ml.

Use as a decoction to baths and poultices in a haemorrhoid.

### Tea

1 table spoon of oats (30 g) pour with 300 ml of cold boiled water, soak within 2 hours. On the lower fire drive to boiling in the same water, boil within 20 min, filter into the thermos

1 tea spoon of the dill seeds pour with 100 ml of boiling water and put on the water bath for 15 min. After that filter into the same thermos.

All preparations should be done in the evening. In the morning and in the afternoon take 200 ml of the solution 10-15 min before meals. The course consists of 10-12 days, it should be repeated twice a years.

Teas	Quantity (by weight)
------	----------------------

Black Currant ( <i>Ribes nigrum</i> L.) (Fruits)	1
--	---

Wild Rose ( <i>Rosa canina</i> ) (Ground fruits)	1
--	---

Pour 10 g. of gathering with 200 ml. of boiled water, stay 4 hours, filter.

Take by 100 ml. of tincture 3 times in a day for a raise of a common tonus of an organism.

Teas	Quantity (by weight)
------	----------------------

Raspberry ( <i>Rubus idaeus</i> L.) (Fruits)	1
--	---

Wild Rose ( <i>Rosa canina</i> ) (Ground fruits)	1
--	---

Pour 10 g. of gathering with 200 ml. of boiled water, stay 4 hours, filter.

Take by 100 ml. of tincture 3 times in a day for a raise of a common tonus of an organism.